The St. Clement Track Team

Long Stride 2024

THE FINAL STRIDE

A one mile RUN/WALK

THROUGH THE COMMUNITY

Saturday, October 19, 2024 RAIN OR SHINE

STARTING TIMES
Race Number Pick up - 8:15 to 9:45 AM
1 Mile Run/Walk - 10:00 AM
Rain or Shine

Course: A one mile run/walk: starts on 141st Street and proceeds north to 116th Avenue where you go around Drew Memorial Park and head back to St. Clement. Lavatory and Dressing facilities available.

Registration: Pre-Registration: **$15** (received **BEFORE** October 13) includes designer T-Shirt. NOTE: T-Shirts are only guaranteed for those who pre-register. After October 13 and on RACE DAY Registration **$25** (T-shirts while they last). Current St. Clement Track Team members can register for **$5.**

Day of Race Registration will be held at St. Clement Hall from 8:15 to 9:45 AM.

LIMITED TO first 200 entrants. ENTER NOW!!

REGISTRATION CLOSES at 9:45 AM promptly!

Awards: Awards will be presented immediately after the race to the following age group winners:

- 12 & under; 13 to 19; 20 to 39; 40 to 54 ; 55 to 65 and Over 65.
- Special Awards will be presented to the oldest participant!

The **Manny Ramjohn Award** will be presented to the male and female winner in the 12 & under age group.

The Award ceremony will be held in St. Clement Hall immediately following the completion of the race.

THERE WILL BE NO DUPLICATION OF AWARDS. POST RACE REFRESHMENTS AND RAFFLES — You must be present to win.

Location: 141-11 123rd Avenue; one block east of the VanWyck Expressway.

Make checks payable to: St. Clement Track Team c\o St. Clement Church at 141-11 123rd Avenue, Jamaica, NY 11436

NO REFUNDS, EXCHANGES OR TRANSFERS

CIRCLE YOUR T-SHIRT SIZE:
S M L XL

Last Name

First Name

Mailing Address Include Apt. No. and/or C/O

Sex M F

Age on Race Day

Birthday Mo. Day Yr.

City or Town

State

ZIP Code

Area Code

Phone Number

E-Mail Address (Optional)

☐ Check here to be notified of future events

In consideration of accepting this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages against St. Clement, and all sponsors, their representatives, successors, and assigns, for any and all injuries suffered to me in said event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I hereby grant permission to any and all of the forgoing to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose whatsoever:

Signature: _____ Date:_____ Parents Signature: _____

If entrant under 18